

In Case of Emergency:

A Treasury of
Bible Study Resources

Selected by
Juliette Foxcroft



Other free e-books by Juliette Foxcroft:

A Heartbeat Away

A journalist explores how to get into Heaven.

Juliette's Dreams: Volume I

A collection of dreams about transhumanism,
the Rapture, and the End Times.



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A Note from Juliette

Civilization is disintegrating. Medical crises, runaway inflation, supply chain disruptions, Internet hacks, power outages, devastating storms, bloody riots, unidentified aerial phenomena, transhumanism, and even creepy robot dogs -- this bizarre new reality imperils everyone on Earth.

When I was a kid, my friends and I joked about the End of the World as if it were a game. If you had to outsmart aliens, androids, or zombies, where would you hide? A cave? A tropical island? How long would you stay there? What survival gear would you bring?

Now we're facing the sobering truth that *this is not a game*. Realizing that life on Earth is fragile, preppers are rushing to stockpile canned food and pack bug out bags. If electricity and the Internet abruptly vanish, cell phones and computers will be useless. We will gather around battery-powered radios and read books by candlelight.

Are we in the End Times? Yes. Without God's help, we're toast. Our most valuable prep is the lamp oil described in Matthew 25.

Romans 10:17 tells us that our faith comes from hearing the word of God, so I have collected several Bibles. I have also printed essential Bible study resources that are readily available on the Internet. I'm not squirreling these documents away for a future emergency; I read them every day, for the end of this age is upon us.

This free e-book contains these inspirational study guides. Please share this vital information with other believers during these perilous times.

The following websites graciously provided several of these free resources:

www.AllAboutGOD.com
www.FathersLoveLetter.com
www.444prophecynews.com

Please contact me if you have recommendations for future editions of this handbook:

Email: juliettefoxcroft@protonmail.com
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The noise of modern society distracts millions of people from spiritual matters. Work, financial worries, and an endless stream of worldly entertainment dominate our waking hours.

Imagine a crisis that silences electronic devices and freezes everyone in place. In that apocalyptic scenario, multitudes -- facing imminent threats to their survival -- will earnestly make their peace with God.

The Sinner's Prayer launches many believers on their journey to Heaven. With this prayer, we repent of our sins, accept Jesus as our Lord and Savior, and embrace God's will. The decision to become followers of Jesus Christ is the most important turning point in our time on Earth. That commitment places us safely in the hands of God.

Many versions of this famous prayer exist on the Internet; I have chosen the prayer posted on www.AllAboutGod.com because it clearly explains our new relationship with our Heavenly Father, His Son Jesus, and the Holy Spirit.



Prayer courtesy of www.AllAboutGOD.com.

The Sinner's Prayer

**Heavenly Father, I know that I have broken your laws
and my sins have separated me from you.**

**I am truly sorry, and now I want to turn away
from my past sinful life toward you.**

Please forgive me, and help me avoid sinning again.

**I believe that your son, Jesus Christ, died for my sins,
was resurrected from the dead, is alive, and hears my prayer.**

**I invite Jesus to become the Lord of my life,
to rule and reign in my heart from this day forward.**

**Please send your Holy Spirit to help me obey You,
and to do Your will for the rest of my life.**

In Jesus' name I pray, Amen.



The next steps in our spiritual growth: pray and read the Bible daily.

The book of Psalms praises God for His goodness, greatness, power, and justice, calls upon Him for protection, and thanks Him for deliverance.

Psalm 91 stands out as a dramatic example of how God safeguards His children. The dangers described in this passage could be taken from today's news broadcasts: "the perilous pestilence...the terror by night..." Nevertheless, we are counseled to be unafraid, for the Lord will deliver us, and no evil will befall us.



Psalm 91

New King James Version

¹He who dwells in the secret place of the Most High
Shall abide under the shadow of the Almighty.

²I will say of the LORD, "*He is* my refuge and my fortress;
My God, in Him I will trust."

³Surely He shall deliver you from the snare of the fowler
And from the perilous pestilence.

⁴He shall cover you with His feathers,
And under His wings you shall take refuge;
His truth *shall be your* shield and buckler.

⁵You shall not be afraid of the terror by night,
Nor of the arrow *that* flies by day,

⁶*Nor* of the pestilence *that* walks in darkness,
Nor of the destruction *that* lays waste at noonday.

⁷A thousand may fall at your side,
And ten thousand at your right hand;
But it shall not come near you.

⁸Only with your eyes shall you look,
And see the reward of the wicked.

⁹Because you have made the LORD, *who is* my refuge,
Even the Most High, your dwelling place,

¹⁰No evil shall befall you,
Nor shall any plague come near your dwelling;

¹¹For He shall give His angels charge over you,
To keep you in all your ways.

¹²In *their* hands they shall bear you up,
Lest you dash your foot against a stone.

¹³You shall tread upon the lion and the cobra,
The young lion and the serpent you shall trample underfoot.

¹⁴"Because he has set his love upon Me, therefore I will deliver him;
I will set him on high, because he has known My name.

¹⁵He shall call upon Me, and I will answer him;
I *will be* with him in trouble;
I will deliver him and honor him.

¹⁶With long life I will satisfy him,
And show him My salvation."



11“The days are coming,” declares the Sovereign LORD,
“when I will send a famine through the land—
not a famine of food or a thirst for water,
but a famine of hearing the words of the LORD.

12People will stagger from sea to sea
and wander from north to east,
searching for the word of the LORD,
but they will not find it.

Amos 8:11-12

Imagine a bleak dystopia where Bibles are prohibited. We can prepare for this terrible possibility by storing the Scriptures in our minds and hearts. No matter what our future holds, we will always be ready to enter the narrow gate and avoid the wide path that leads to destruction. (Matthew 7:13-14.)

The late Dr. Jack Van Impe memorized 18,000 Bible verses; he effortlessly recited key passages about Salvation, the Rapture, the Tribulation, and the return of Jesus Christ. How did he do it? He wrote the Scriptures on index cards, which he read aloud several times a day.

The documents in this e-book were chosen to strengthen our relationship with the Lord. An excellent example, *Father’s Love Letter* vibrantly describes God’s invitation to enjoy eternity with Him, His Son Jesus, our Savior, and our brothers and sisters in Christ.

Barry Adams is offering his beautifully illustrated *Father’s Love Letter Devotional E-book* as a free download:

[Free e-book - FathersLoveLetter.com](http://FathersLoveLetter.com)



FATHER'S LOVE LETTER

An intimate message from God to you.

My Child,

You may not know me, but I know everything about you. Psalm 139:1 I know when you sit down and when you rise up. Psalm 139:2 I am familiar with all your ways. Psalm 139:3 Even the very hairs on your head are numbered. Matthew 10:29-31 For you were made in my image. Genesis 1:27 In me you live and move and have your being. Acts 17:28 For you are my offspring. Acts 17:28 I knew you even before you were conceived. Jeremiah 1:4-5 I chose you when I planned creation. Ephesians 1:11-12 You were not a mistake, for all your days are written in my book. Psalm 139:15-16 I determined the exact time of your birth and where you would live. Acts 17:26 You are fearfully and wonderfully made. Psalm 139:14 I knit you together in your mother's womb. Psalm 139:13 And brought you forth on the day you were born. Psalm 71:6 I have been misrepresented by those who don't know me. John 8:41-44 I am not distant and angry, but am the complete expression of love. 1 John 4:16 And it is my desire to lavish my love on you. 1 John 3:1 Simply because you are my child and I am your Father. 1 John 3:1 I offer you more than your earthly father ever could. Matthew 7:11 For I am the perfect father. Matthew 5:48 Every good gift that you receive comes from my hand. James 1:17 For I am your provider and I meet all your needs. Matthew 6:31-33 My plan for your future has always been filled with hope. Jeremiah 29:11 Because I love you with an everlasting love. Jeremiah 31:3 My thoughts toward you are countless as the sand on the seashore. Psalm 139:17-18 And I rejoice over you with singing. Zephaniah 3:17 I will never stop doing good to you. Jeremiah 32:40 For you are my treasured possession. Exodus 19:5 I desire to establish you with all my heart and all my soul. Jeremiah 32:41 And I want to show you great and marvelous things. Jeremiah 33:3 If you seek me with all your heart, you will find me. Deuteronomy 4:29 Delight in me and I will give you the desires of your heart. Psalm 37:4 For it is I who gave you those desires. Philippians 2:13 I am able to do more for you than you could possibly imagine. Ephesians 3:20 For I am your greatest encourager. 2 Thessalonians 2:16-17 I am also the Father who comforts you in all your troubles. 2 Corinthians 1:3-4 When you are brokenhearted, I am close to you. Psalm 34:18 As a shepherd carries a lamb, I have carried you close to my heart. Isaiah 40:11 One day I will wipe away every tear from your eyes. Revelation 21:3-4 And I'll take away all the pain you have suffered on this earth. Revelation 21:3-4 I am your Father, and I love you even as I love my son, Jesus. John 17:23 For in Jesus, my love for you is revealed. John 17:26 He is the exact representation of my being. Hebrews 1:3 He came to demonstrate that I am for you, not against you. Romans 8:31 And to tell you that I am not counting your sins. 2 Corinthians 5:18-19 Jesus died so that you and I could be reconciled. 2 Corinthians 5:18-19 His death was the ultimate expression of my love for you. 1 John 4:10 I gave up everything I loved that I might gain your love. Romans 8:31-32 If you receive the gift of my son Jesus, you receive me. 1 John 2:23 And nothing will ever separate you from my love again. Romans 8:38-39 Come home and I'll throw the biggest party heaven has ever seen. Luke 15:7 I have always been Father, and will always be Father. Ephesians 3:14-15

My question is... Will you be my child? John 1:12-13

I am waiting for you. Luke 15:11-32

*Love, Your Dad...
Almighty God*



Father's Love Letter © 1999
Feel free to copy & share this letter with others.
Find out more at GodLovesYou.tv

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1999 www.FathersLoveLetter.com.



Like Father's Love Letter, God's Positive Answers explains the Bible in a practical manner. Through His Word, the Lord teaches us how to trust Him, forgive others, overcome obstacles, and live courageously.

This helpful chart, written by an unknown author, has traveled the Earth via email and social media for many years. Its valiant message: God has everything under control.



God's Positive Answers – A Handy Little Chart

YOU SAY	GOD SAYS	BIBLE VERSES
You say: "It's impossible"	God says: All things are possible	(Luke 18:27)
You say: "I'm too tired"	God says: I will give you rest	(Matthew 11:28-30)
You say: "Nobody really loves me"	God says: I love you	(John 3:16 & John 3:34)
You say: "I can't go on"	God says: My grace is sufficient	(II Corinthians 12:9 & Psalm 91:15)
You say: "I can't figure things out"	God says: I will direct your steps	(Proverbs 3:5-6)
You say: "I can't do it"	God says: You can do all things	(Philippians 4:13)
You say: "I'm not able"	God says: I am able	(II Corinthians 9:8)
You say: "It's not worth it"	God says: It will be worth it	(Roman 8:28)
You say: "I can't forgive myself"	God says: I Forgive you	(I John 1:9 & Romans 8:1)
You say: "I can't manage"	God says: I will supply all your needs	(Philippians 4:19)
You say: "I'm afraid"	God says: I have not given you a spirit of fear	(II Timothy 1:7)
You say: "I'm always worried and frustrated"	God says: Cast all your cares on ME	(I Peter 5:7)
You say: "I'm not smart enough"	God says: I give you wisdom	(I Corinthians 1:30)
You say: "I feel all alone"	God says: I will never leave you or forsake you	(Hebrews 13:5)



The Emergency Phone Directory of Bible Verses addresses the difficulties everyone experiences. Tired? Sad? Worried? Broke? These Bible passages will help you overcome all challenges and grow fearlessly in your faith.

³¹ So do not worry, saying, 'What shall we eat?' or
'What shall we drink?' or 'What shall we wear?'

³² For the pagans run after all these things,
and your heavenly Father knows that you need them.

³³ But seek first his kingdom and his righteousness,
and all these things will be given to you as well.

Matthew 6:31-33



EMERGENCY PHONE NUMBERS – PRINT OUT AND KEEP WITH YOUR BIBLE
USE IN CASE OF EMERGENCY!

HANDY REFERENCE LIST OF EMERGENCY PHONE NUMBERS

When in sorrow.	call John 14
When men fail you.....	call Psalm 27
When you have sinned.....	call Psalm 51
When you worry.	call Matthew 6:19-34
When you are in danger.	call Psalm 91
When God seems far away.	call Psalm 139
When your faith needs stirring.....	call Hebrews 11
When you are lonely and fearful.	call Psalm 23
When you grow bitter and critical.	call I Corinthians 13
When you feel down and out.	call Romans 8:31
When you want peace and rest.....	call Matthew 11:25-30
When the world seems bigger than God.....	call Psalm 90
When you want Christian assurance.	call Romans 8:1-30
When you leave home for labor or travel.	call Psalm 121
When your prayers grow narrow or selfish.	call Psalm 67
When you want courage for a task.	call Joshua
When you think of investments and returns.....	call Mark 10
If you are depressed.....	call Psalm 27
If your pocketbook is empty.	call Psalm 37
If you are losing confidence in people.	call I Corinthians 13
If people seem unkind.	call John 15
If discouraged about your work.....	call Psalm 126
If self pride/greatness takes hold.	call Psalm 19
If you want to be fruitful.....	call John 15
For understanding of Christianity.....	call II Corinthians 5:15-19
For a great invention/opportunity.	call Isaiah 55
For how to get along with fellow men.....	call Romans 12
For Paul's secret to happiness.	call Colossians 3:12-17

ALTERNATE NUMBERS:

For dealing with fear.....	call Psalm 34:7
For security.	call Psalm 121:3
For assurance.	call Mark 8:35
For reassurance.	call Psalm 145:18

PLEASE NOTE: Emergency numbers may be dialed direct. No operator assistance is necessary. All lines to Heaven are open 24 hours a day! Feed your FAITH, and DOUBT will starve to death! Please use and feel free to pass on.



On October 1, 2020, Bible scholar Christian Robert posted a list of powerful Scripture verses and prayers on www.444prophecynews.com.

Robert's *Christian Spiritual Warfare Manual* is a Bible-based guide for daily praise, worship, protection, and purification. You can read it every morning for strength, in chaos for courage, and at a dear one's deathbed for a comforting reminder of God's love.

In his post at [Spiritual Warfare - Christian Robert - 444 Prophecy News](#), Robert said:

“The Lord once told me that the day would come where we would only have HIM, and nothing else.

“This evening I felt the Lord asking me to send out the manual again as this site has new subscribers. I also added a section with key scriptures that will be needed in the days ahead on the topics of trust, protection, confidence in Him, do not fear, authority to fight the enemy, strength and help from the Lord.

“The idea being that when the day comes where Bibles are banned and all online Christian content is removed, if you printed it out, punch holed it and placed it in any binder, for yourself or others left behind, you or they would have access to this manual during those difficult days. There will be a famine for the Word of God. How valuable can such a manual be during such a time as this.

**“In Him,
Christian Robert”**

Robert's *Christian Spiritual Warfare Manual* is presented here in its original and complete format. Many believers have posted this document on social media and emailed it to their family and friends. A heartfelt “Thank you!” to Christian Robert for researching and organizing this project.



CHRISTIAN SPIRITUAL WARFARE MANUAL

**“And the heavens shall praise thy wonders,
O Lord: thy faithfulness also in the congregation of the saints”
Psalm 89:5**

1. DAILY PRAISE & WORSHIP
2. DAILY PURIFICATION & RECEIVE THE HOLY SPIRIT
3. RECEIVE THE HOLY SPIRIT DAILY / FILL YOUR LAMP WITH OIL
4. DAILY DECLARATIONS OF WHO I AM IN CHRIST
5. DECLARE MY AUTHORITY IN CHRIST
6. PUT ON THE ARMOR OF GOD DAILY
7. PLEAD THE BLOOD OF JESUS DAILY
8. PRAY IN THE SPIRIT (TONGUES)
9. DECLARE GOD’S PROTECTION IN CHRIST
10. WALK IN RADICAL OBEDIENCE
11. PRAISE AND WORSHIP HIM IN THE BATTLE
12. REMIND MYSELF WHO IS WITH ME
13. ASK THE FATHER TO SEND WARRING ANGELS
14. DECLARE MY VICTORY IN CHRIST
15. PRAYER AND FASTING
16. BIND AND COMMAND THE ENEMY
17. CALL ON THE NAME OF JESUS
18. USE THE SWORD (THE WORD) IN THE END TIMES

1) DAILY PRAISE & WORSHIP

Praise and sing unto the Lord whenever possible. Let His praises be continually in my mouth.

- I will sing of the Lord's great love forever; with my mouth I will make your faithfulness known through all generations. (Psalm 89:1)
- Come, let us bow down in worship, let us kneel before the Lord our Maker. (Psalm 95:6)
- I will give thanks to the Lord because of his righteousness; I will sing the praises of the name of the Lord Most High. (Psalm 7:17)
- I will sing the Lord's praise, for he has been good to me. (Psalm 13:6)
- I will bless the Lord at all times: his praise shall continually be in my mouth. (Psalm 34:1)
- I exalt thee, oh Lord. Exalted be my God and my Savior! (Psalm 18:46)
- I will praise thee, O Lord, with my whole heart; I will shew forth all thy marvellous works. (Psalm 9:1)
- I will praise the Lord all my life; I will sing praise to my God as long as I live. (Psalm 146)
- Therefore will I give thanks unto thee, O Lord, among the heathen, and sing praises unto thy name. (Psalm 18:49)
- I will sing to the Lord all my life; I will sing praise to my God as long as I live. (Psalm 104:33)
- I worship you in the splendor of your holiness. (Psalm 96:9)
- I worship you in Spirit and in truth. (John 4:24)

2) DAILY PURIFICATION

Repent of your sins and ask the Lord to cleanse you daily. Surrender, rededicate and consecrate yourself to the Lord daily.

- I REPENT of all my sins of omission and commission. Forgive us Lord for my many sins. (Matthew 4:17)
- I SUBMIT myself, spirit, soul and body completely and entirely to YOU and Your Will. (James 4:7)
- I FORGIVE everyone and everything that has hurt me and come against me in the past. (Matthew 6:14)
- I FORGET what is behind and strain toward what is ahead. I declare my past is dead. (Philippians 3:13)
- I BREAK every curse that was placed on me through the blood of the Lamb, either self-imposed or put upon, by any demonic source and anything spoken over me that was not from you. I break all curses and soul ties that are a hindrance in my walk with the Lord. (Galatians 3:13)

3) ASK AND RECEIVE THE HOLY SPIRIT DAILY / FILL YOUR LAMP WITH OIL

Oil lamps eventually run out of oil. Since the Lord will only take with him those whose lamp is full of oil, you should ask the Lord to fill your lamp with oil every day. Ask the Holy Spirit into your heart each day and receive a fresh anointing from the Lord.

- MY LORD AND MY GOD, I ask you in the name of Jesus to fill me with the Holy Spirit. (Luke 11:13)
- MY LORD AND MY GOD, I ask you in the name of Jesus to fill my lamp with oil to the fullest. (Matthew 25:4)
- MY LORD AND MY GOD, I ask you to lead me in every way by the Holy Spirit. (Romans 8:14)

4) DAILY DECLARATIONS OF WHO I AM IN CHRIST

There is a difference between asking for something versus declaring or decreeing something. The Lord has given us His Word, and we can declare and decree His Word with authority. This is important especially when it comes to proclaiming who HE said we are individually.

**Thou shalt also decree a thing, and it shall be established unto thee: and the light shall shine upon thy ways.
(Job 22:28)**

- I DECLARE I AM A SON/DAUGHTER OF GOD ALMGHTY (Galatians 4:7)
- I DECLARE I AM DEARLY LOVED (Romans 8:38)
- I DECLARE I AM A CITIZEN OF HEAVEN (Philippians 3:20)
- I DECLARE I AM CHOSEN (1 Peter 2:9)
- I DECLARE I AM ALIVE WITH CHRIST (Ephesians 2:4)
- I DECALRE I AM COMPLETE IN HIM (Colossians 2:10)
- I DECLARE I AM A NEW CREATION (2. Corinthians 5:16)
- I DECLARE I AM GOD’S WORKMANSHIP (Ephesians 2:10)
- I DECALRE I AM FORGIVEN AND REDEEMED (Galatians 3:13)
- I DECLARE I AM RIGHTEOUS BEFORE GOD (Philippians 3:9)
- I DECLARE I AM SEALED WITH THE HOLY SPIRIT (Ephesians 4:30)
- I DECLARE I AM SEATED IN HEAVENLY PLACES WITH HIM (Ephesians 2:6)
- I DECLARE I AM FULL OF THE PEACE OF GOD (Philippians 4:7)
- I DECLARE I AM BLESSED WITH EVERY SPIRITUAL BLESSINGS (Ephesians 1:3)
- I DECLARE I AM ABLE TO DO ALL THINGS THROUGH CHRIST WHO STRENGHTENS ME (Philippians 4:13)
- I DECLARE I AM MORE THAN A CONQUEROR THROUGH JESUS CHRIST (Romans8:37)
- I DECLARE I AM THE BATTLE AX OF THE LORD GOD ALMIGHTY (Jeremiah 51:20)
- I DECLARE I HAVE THE VICTORY IN CHRIST ALREADY! (1 Corinthians 15:57)

5) DECLARE MY AUTHORITY IN CHRIST

The Lord has not only given His Word to declare who we are in Christ. He also decreed the type of authority we have received in Christ. We should be declaring our authority in Christ as well.

- I DECLARE THE LORD GOD HAS GIVEN ME AUTHORITY to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm me. (Luke 10:19)
- I DECLARE THE LORD GOD HAS GIVEN ME AUTHORITY to bind the enemy and all his work. He said that whatever I bind on earth will be bound in heaven, and whatever I loose on earth will be loosed in heaven. (Matthew 18:18)
- IF THIS IS MY CALLING I DECLARE I will be doing even greater works than the ones Jesus did on earth, because Jesus Christ has gone unto the Father. (John 14:12).

6) PLEAD THE BLOOD OF JESUS DAILY

Nothing is more powerful than the blood of Jesus Christ. Jesus died for us so we can plead His blood to overcome this world and all the power of the enemy. He wants us to use this spiritual weapon daily.

Revelation 12:11 “They triumphed over him by the blood of the Lamb and by the word of their testimony; they did not love their lives so much as to shrink from death”.

- I plead the Blood of the Lamb over my physical body, soul and spirit.
- I plead the Blood of the Lamb over my thoughts and dreams.
- I plead the Blood of the Lamb over the physical body, soul and spirit of my loved ones.
- I plead the Blood of the Lamb over my house, cars, pets, cars, computers, and all of my possessions.
- I plead the Blood of the Lamb against any diseases that could come against me or my loved ones.
- I plead the Blood of the Lamb against all the plans the devil and his minions have against me, including all humans, hybrids, demons, fallen angels, giants, witches or any other evil forces at his command.
- I plead the Blood of the Lamb against any natural disasters that may come against me.

7) PUT ON THE ARMOR OF GOD DAILY

Since we are living in the last days and the enemy is attacking God’s people relentlessly it is important that we put on the armor of God daily.

- MY FEET are fitted with the readiness that comes from the gospel of peace. (Ephesians 6:15)
- I AM PUTTING ON the breastplate of righteousness. (Ephesians 6:14)
- I AM PUTTING ON the helmet of salvation. (Ephesians 6:17)
- I AM PUTTING ON the belt of truth buckled around my waist. (Ephesians 6:14)
- I AM HOLDING the shield of faith. (Ephesians 6:16)
- I AM HOLDING the sword of the Spirit, which is the word of God. (Ephesians 6:17)
- I AM WEARING the garment of praise (Isaiah 61:3)
- I AM WEARING the armor of light (Romans 13:12)

8) PRAY IN THE SPIRIT (TONGUES)

Praying in tongues is another spiritual weapon that the Lord has made available to His people. When you pray in tongues the Holy Spirit is interceding for you with groanings that no evil spirit can understand. It established a direct communication line between us and the Father in heaven.

If you find yourself in captivity, pray in tongues. If you walk in the darkness, pray in tongues. If you start feeling afraid, pray in tongues. You don’t have to be loud, just yield to the Holy Spirit.

Isaiah 60:1 “All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them”.

9) DECLARE GOD'S PROTECTION IN CHRIST

Another area where we need to make declarations in faith addresses His protection of His own.

- I DWELL IN THE SECRET PLACE OF THE MOST HIGH, so I will rest in the shadow of the Almighty. I will say of the Lord, "He is my refuge and my fortress, my God, in whom I trust." (Psalm 91:1-2)
- THE LORD IS MY HIDING PLACE, and you will protect me from trouble and surround me with songs of deliverance. (Psalm 32:7)
- THE ETERNAL GOD IS MY REFUGE and underneath are the everlasting arms. He will drive out my enemies before me, saying, 'Destroy them!' (Deuteronomy 33:27)
- BECAUSE THE LORD IS MY REFUGE I will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday. A thousand may fall at my side, ten thousand at my right hand, but it will not come near me. (Psalm 91:5-7)
- BECAUSE I SAY THE LORD IS MY REFUGE AND I MAKE THE LORD MOST HIGH MY DWELLING. No harm will overtake me, no disaster will come near my tent. For he will command his angels concerning me to guard me in all my ways. (Psalm 91:9-11)
- BECAUSE I LOVE THE LORD, I know the Lord will rescue me. He will protect me, for I acknowledge His name. I will call on Him, and He will answer me. He will be with me in trouble, He will deliver me and honor me. (Psalm 91:14-15)
- I CAN SAY WITH CONFIDENCE: "The Lord is my helper; I will not be afraid." (Hebrews 13:6)
- THOUGH I WALK THROUGH THE VALLEY OF THE SHADOW OF DEATH, I will fear no evil: for thou art with me. (Psalm 23:4)

10) WALK IN RADICAL OBEDIENCE

These are personal Words that the Lord has spoken to me, but that apply to all His children"

Listen to My Voice. Obey My Voice. Walk with my Voice. I will direct your steps. Trust me every step of the way. I will instruct you in the way that you should go. I will tell you what to do. I will tell you what not to do. When I say be silent, be silent. When I say go, then go. I will open a door and say "walk". Do not wait. Declare what I tell you to declare. Stand firm. Do not be moved by anything but only by My Word.

11) PRAISE AND WORSHIP HIM IN THE BATTLE

When you find yourself in the middle of the battle, in captivity or surrounded by enemies just start singing and worshipping the Lord. There are two mighty miracles / victories recorded in the scriptures when His people started praising Him in the middle of their hardship:

Acts 16:24 "About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. Suddenly there was such a violent earthquake that the foundations of the prison were shaken. At once all the prison doors flew open, and everyone's chains came loose".

2. Chronicles 20:20 "Jehoshaphat appointed men to sing to the Lord and to praise him for the splendor of his holiness as they went out at the head of the army, saying: "Give thanks to the Lord, for his love endures forever." As they began to sing and praise, the Lord set ambushes against the men of Ammon and Moab and Mount Seir who were invading Judah, and they were defeated".

12) REMIND MYSELF WHO IS WITH ME

The Lord of Lords and King of Kings that is within me is mighty and powerful. He will reign over heaven and earth forever and ever. The devil is not fighting against me, but against Him unto whom has been given all authority over heaven and earth.

2 Chronicles 20:15 “This is what the Lord says to you: ‘Do not be afraid or discouraged because of this vast army. For the battle is not yours, but God’s”.

13) ASK THE FATHER TO SEND WARRING ANGELS

Jesus told Peter He could simply ask and the Father would send Him 12 legions of angels to assist Him. In those days one legion in the Roman army had 5,200 soldiers. Jesus made the point He could have just asked and the Father would have dispatched 62,500 angels. To put this in context, just one angel of the Lord struck down 185,000 Assyrian men and none survived.

If you are in trouble in the end times, you can also ask the Father to send warring angels to assist you:

“You may ask me for anything in my name, and I will do it”. (John 14:14)

“This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him”. (1. John 5:14)

14) DECLARE MY VICTORY IN CHRIST

Remind myself that the battle is already won. Jesus already won the victory!
Gross darkness will last only for a little while, and then comes the wedding supper of the Lamb.

It makes a difference if you fight the battle and you already know the victory is won before even engaging in conflict. We just need to obey and be faithful until the end.

- But thanks be to God! He gives me the victory through our Lord Jesus Christ. (1 Corinthians 15:57)
- I am HIS battle axe and weapon of war: for with me will He will break in pieces the nations, and with me He will destroy kingdoms. (Jeremiah 51:20)
- For everyone born of God overcomes the world. This is the victory that has overcome the world, even our faith. (1 John 5:4)
- I can do all things through CHRIST who strengthens me. (Philippians 4:13)
- No weapon that is formed against me shall prosper; and every tongue that shall rise against me in judgment I shall condemn. This is the heritage of the servants of THE LORD. (Isaiah 54:17)
- Jesus said that all things are possible for them than believe. I believe I have the victory already! (Mark 9:23)

15) PRAYER AND FASTING

Many of God's people in the Bible were asked to pray and fast. Jesus himself fasted for 40 days. This is a mystery in some ways, but prayer and fasting can move mountains that prayer alone could not always move. It provides fuel to the fires of the prayers, so it is a very important spiritual weapon.

“And when he was come into the house, his disciples asked him privately, Why could not we cast him out? And he said unto them, This kind can come forth by nothing, but by prayer and fasting.” (Mark 9:28)

16) BIND AND COMMAND THE ENEMY

Since we are fighting a war and the Lord has given us spiritual weapons we need to take our authority and issue commands to the evil spirits, minions, principalities and demons that come against us.

- In the name of Jesus Christ, I bind the Kingdom of Evil, the devil, all demons, fallen angels and hybrids.
- In the name of Jesus Christ, I cancel all assignments from the evil powers against me or my loved ones.
- In the name of Jesus Christ, I command that any evil power including fallen angels, principalities, demonic spirits, and every spiritual wickedness in high places, that was sent to attack me, my loved ones or my brothers and sisters in Christ, return and attack the senders.
- In the name of Jesus Christ, I command demons into open combat with other demons, to split their army and destroy the kingdom of Satan. I command civil war in Satan's kingdom. We cause the devil's forces to fight against each other.
- I forbid any and all of Satan's demonic ranks of demons from exerting influence over any area of my life- my workplace, my vehicle(s) and transportation, my dwelling place, my finances, my health, my children, my relatives, my interactions with others, and the region where I live and work in the mighty name of Yahushua.
- I bind and send back to Yahushua for judgment all attempts by demonic forces to corrupt my or my loved ones' DNA and that of our bloodline by infiltration of any kind.
- I break and cancel any attempts to implant into my body or that of my loved ones anything that will change my or their DNA and cause corruption.
- Yahushua, in your mighty name, I anoint and seal all entrance points with your precious blood, covering them and preventing them from all infiltration attempts by demons of any kind.”

17) CALL ON THE NAME OF JESUS

If you find yourself in a desperate situation with no way out call on the name of Jesus.

At the mention of His Name angels come, demons flee and the atmosphere changes.

“At the name of Jesus every knee must bow, in heaven and on earth and under the earth”. (Philippians 2:10)

“Everyone who calls on the name of the Lord will be saved.” (Romans 10:12-14)

18) USE THE SWORD (THE WORD) IN THE END TIMES

Here are key scriptures for the several situations & emotions we can be facing during the days ahead:

TRUST

Psalms 25:1 "In you, Lord my God, I put my trust".

Isaiah 26:3 "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee. Trust ye in the Lord for ever: for in the Lord Jehovah is everlasting strength".

Proverbs 3:5 "So shalt thou find favour and good understanding in the sight of God and man. Trust in the Lord with all thine heart; and lean not unto thine own understanding".

Psalms 9:9 "The Lord also will be a refuge for the oppressed, a refuge in times of trouble. And they that know thy name will put their trust in thee: for thou, Lord, hast not forsaken them that seek thee".

Psalms 18:2 "I will love thee, O Lord, my strength. The Lord is my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, and my high tower. I will call upon the Lord, who is worthy to be praised: so shall I be saved from mine enemies".

Psalms 62:8 "He only is my rock and my salvation: he is my defence; I shall not be moved. In God is my salvation and my glory: the rock of my strength, and my refuge, is in God. Trust in him at all times; ye people, pour out your heart before him: God is a refuge for us".

CONFIDENCE

Psalms 27:1 "The Lord is my light and my salvation; whom shall I fear? the Lord is the strength of my life; of whom shall I be afraid? When the wicked, even mine enemies and my foes, came upon me to eat up my flesh, they stumbled and fell. Though an host should encamp against me, my heart shall not fear: though war should rise against me, in this will I be confident".

Matthew 28:18 "Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you always, even unto the end of the world".

Hebrews 13:5 "For he hath said, I will never leave thee, nor forsake thee. So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me".

Jude 1:24 "Now unto him that is able to keep you from falling, and to present you faultless before the presence of his glory with exceeding joy, To the only wise God our Saviour, be glory and majesty, dominion and power, both now and ever. Amen."

Proverbs 3:25 "Be not afraid of sudden fear, neither of the desolation of the wicked, when it cometh. For the Lord shall be thy confidence, and shall keep thy foot from being taken".

Philippians 1:6 "Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ."

Ephesians 1:13 "In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise, Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of his glory".

2. Corinthians 1:22 "Who hath also sealed us, and given the earnest of the Spirit in our hearts".

2. Thessalonians 3:3 "But the Lord is faithful, who shall stablish you, and keep you from evil. And we have confidence in the Lord touching you, that ye both do and will do the things which we command you".

Psalms 57:7 "My heart is fixed, O God, my heart is fixed: I will sing and give praise".

Isaiah 40:8 "The grass withereth, the flower fadeth: but the word of our God shall stand for ever".

FEAR NOT

Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand".

Isaiah 43:2 "When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee. For I am the Lord thy God, the Holy One of Israel, thy Saviour."

Deuteronomy 31:6 "Be strong and of a good courage, fear not, nor be afraid of them: for the Lord thy God, he it is that doth go with thee; he will not fail thee, nor forsake thee".

Joshua 1:9 "Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the Lord thy God is with thee whithersoever thou goest."

2. Chronicles 32:7 "Be strong and courageous, be not afraid nor dismayed for the king of Assyria, nor for all the multitude that is with him: for there be more with us than with him: With him is an arm of flesh; but with us is the Lord our God to help us, and to fight our battles."

Psalms 3:6 "I will not fear though tens of thousands assail me on every side".

Psalms 27:3 "Though an army besiege me, my heart will not fear; though war break out against me, even then I will be confident".

Psalms 46:2 "Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea".

Psalms 56:3-4 "In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me."

1. Timothy 1:7 "For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind".

Psalms 91:4-6 "You will not fear the terror of night, nor the arrow that flies by day, nor the pestilence that stalks in the darkness, nor the plague that destroys at midday".

Hebrews 13:6 "So that we may boldly say, The Lord is my helper, and I will not fear what man shall do unto me".

Philippians 4:6 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God".

Isaiah 41:13 “For I am the Lord your God who takes hold of your right hand and says to you, Do not fear; I will help you”.

Isaiah 41:14 “Do not be afraid, you worm Jacob, little Israel, do not fear, for I myself will help you,” declares the Lord, your Redeemer, the Holy One of Israel”.

Isaiah 43:1 “But now, this is what the Lord says— he who created you, Jacob, he who formed you, Israel: “Do not fear, for I have redeemed you; I have summoned you by name; you are mine”.

1 Peter 3:14 “But even if you should suffer for what is right, you are blessed. “Do not fear their threats; do not be frightened.”

PROTECTION

Psalms 46:1 “God is our refuge and strength, a very present help in trouble. Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea; Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof”.

Psalms 18:2 “You are my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold.”

Zechariah 2:5 “And I myself will be a wall of fire around it,’ declares the Lord, ‘and I will be its glory within”.

Psalms 91:4-6 “He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart”.

Psalms 5:11 “But let all who take refuge in you be glad; let them ever sing for joy. Spread your protection over them, that those who love your name may rejoice in you”.

Psalms 32:7 “You are my hiding place; you will protect me from trouble and surround me with songs of deliverance”.

Psalms 121:7 “The Lord shall preserve thee from all evil: he shall preserve thy soul. The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore.”

Proverbs 2:8 “For He guards the course of the just and protects the way of his faithful ones”.

John 17:11 “I will remain in the world no longer, but they are still in the world, and I am coming to you. Holy Father, protect them by the power of your name, the name you gave me, so that they may be one as we are one”.

Psalms 32:7 “Thou art my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance. Selah”.

Nahum 1:7 “The Lord is good, a refuge in times of trouble. He cares for those who trust in him.”

Psalms 61:3 “For thou hast been a shelter for me, and a strong tower from the enemy”.

AUTHORITY TO FIGHT / BATTLE

Matthew 16:19 “And I will give unto thee the keys of the kingdom of heaven: and whatsoever thou shalt bind on earth shall be bound in heaven: and whatsoever thou shalt loose on earth shall be loosed in heaven”.

Luke 10:19 "Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you".

Romans 8:37 "In all these things we are more than conquerors through him that loved us".

Deuteronomy 1:30 "The Lord your God which goeth before you, he shall fight for you, according to all that he did for you in Egypt before your eyes".

Deuteronomy 33:27 "The eternal God is thy refuge, and underneath are the everlasting arms: and he shall thrust out the enemy from before thee; and shall say, Destroy them".

Deuteronomy 28:7 "The Lord shall cause thine enemies that rise up against thee to be smitten before thy face: they shall come out against thee one way, and flee before thee seven ways".

Deuteronomy 33:27 "The eternal God is thy refuge, and underneath are the everlasting arms: and he shall thrust out the enemy from before thee; and shall say, Destroy them".

2. Corinthians 2:14 "Now thanks be unto God, which always causeth us to triumph in Christ, and maketh manifest the savour of his knowledge by us in every place".

2. Corinthians 10:3- 4 "For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds. Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ".

Psalms 35:1 "Plead my cause, O Lord, with them that strive with me: fight against them that fight against me. Take hold of shield and buckler, and stand up for mine help. Draw out also the spear, and stop the way against them that persecute me: say unto my soul, I am thy salvation. Let them be confounded and put to shame that seek after my soul: let them be turned back and brought to confusion that devise my hurt. Let them be as chaff before the wind: and let the angel of the Lord chase them. Let their way be dark and slippery: and let the angel of the Lord persecute them".

Zechariah 10:5 Together they will be like warriors in battle trampling their enemy into the mud of the streets. They will fight because the Lord is with them, and they will put the enemy horsemen to shame.

James 4:7 "Submit yourselves therefore to God. Resist the devil, and he will flee from you".

1. Corinthians 16:13 "Be on your guard; stand firm in the faith; be courageous; be strong. Do everything in love".

1. Corinthians 15:58 "Therefore, my beloved brethren, be ye steadfast, unmoveable, always abounding in the work of the Lord, forasmuch as ye know that your labour is not in vain in the Lord".

STRENGTH

Philippians 4:13 "I can do all this through him who gives me strength".

Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you. I will uphold you with my righteous right hand".

Exodus 15:2 "The Lord is my strength and my defense; he has become my salvation. He is my God, and I will praise him, my father's God, and I will exalt him.

Isaiah 40:29 "He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles, they will run and not grow weary, they will walk and not be faint."

Zechariah 10:12 "I will strengthen them in the Lord and in his name they will live securely, declares the Lord".

1 Samuel 30:6 "David was greatly distressed because the men were talking of stoning him; each one was bitter in spirit because of his sons and daughters. But David found strength in the Lord his God".

2 Samuel 22:33 "It is God who arms me with strength and keeps my way secure".

Psalms 28:7 "The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him".

Psalms 46:1 "God is our refuge and strength, an ever-present help in trouble".

Isaiah 12:2 "Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord himself, is my strength and my defense; he has become my salvation."

Psalms 28:7 "The Lord is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him".

HELP

Psalms 138:7 "Though I walk in the midst of trouble, thou wilt revive me: thou shalt stretch forth thine hand against the wrath of mine enemies, and thy right hand shall save me".

Isaiah 50:7 "For the Lord God will help me; therefore shall I not be confounded: therefore have I set my face like a flint, and I know that I shall not be ashamed".

Psalms 34:15 "The righteous cry, and the Lord heareth, and delivereth them out of all their troubles".

Psalms 86:7 "In the day of my trouble I will call upon thee: for thou wilt answer me".

Psalms 91:14 "Because he loves me," says the Lord, "I will rescue him; I will protect him, for he acknowledges my name.

Zephaniah 3:17 "The Lord thy God in the midst of thee is mighty; he will save, he will rejoice over thee with joy; he will rest in his love, he will joy over thee with singing".

Psalms 50:15 "Offer unto God thanksgiving; and pay thy vows unto the Most High: And call upon me in the day of trouble: I will deliver thee, and thou shalt glorify me".